

# PERSONAL LEARNING AND DEVELOPMENT

## VTCT Level 1 Certificate in Personal and Social Development

### Prep for working life

This qualification has been designed to improve learners' personal and social skills, and build confidence and self-esteem to prepare them for the world of work.



### Rejoining the workforce

A number of providers are successfully using this qualification for adult learners who are returning to work. This qualification is a great way to sharpen your skills as you look to resume a paused career. Referral agencies such as Job Centre Plus ask for clients to complete this qualification.

### Requirements

There are **no prerequisites** required in order to take this qualification. It is open to all learners and no special equipment is needed for the course.



### Progression

Progression from this qualification isn't based on a specific path into another qualification or job. This qualification is about **instilling confidence and self-esteem** so that learners can negotiate both their personal and work lives successfully using the tools that they have learned.



### Why choose this qualification?

This qualification is unique because there are no mandatory units therefore making it **flexible and adaptable** to different groups of learners.

There are **39 optional units** ranging from developing own skills and setting goals, to managing social relationships, parenting awareness, healthy living, budgeting, community action, environmental awareness to preparation for work. Learners must complete a minimum of 7 components and earn a minimum of 13 credits at Level 1.



### Assessment methods

All units are internally assessed by a portfolio of evidence. Assessment is set, marked and internally quality assured by the centre to clearly demonstrate achievement of the learning outcomes. Work will be set to improve your practical skills, knowledge and understanding. For practical elements, learners will be observed by an assessor. All work must be collected in a portfolio of evidence and cross-referenced to requirements listed in the record of assessment book.



### Funding (England)

This qualification is currently eligible for funding in England under the **Adult Education Budget**.

