

**ITEC Level 2**

**Unit 806 - Remove Hair Using Waxing Techniques**

**Recommended Minimum Guided Learning Hours – 57**

Unit Accreditation Number: J/601/3555

**Learning outcome**

The Learner will:

1. Be able to prepare for waxing treatments

**Assessment Criteria**

- 1.1 Prepare themselves, client and work area for a waxing treatment
- 1.2 Use suitable consultation techniques to identify treatment objectives
- 1.3 Carry out necessary tests prior to the treatment
- 1.4 Provide clear recommendations to the client
- 1.5 Select products, tools and equipment to suit client treatment needs

**Taught Content**

- 1.1.1 To include:
  - Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g. sterilising /sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty
- 1.2.1 To include:

An example of a consultation form can be downloaded from [www.itecworld.co.uk](http://www.itecworld.co.uk)

  - Consulting in a suitable area • Positive body language • Positioning of the client • Good communication skills (asking open and/or closed questions where appropriate) • Professionalism • Contraindications and contra-actions • Treatment plan • Products used • Consent • Confidentiality • Client's signature
- 1.3.1 To include:
  - Type of tests conducted – thermal and product sensitivity • Date and time when patch test was conducted (must be 24–48 hours prior to treatment) • Manufacturers' recommendations • Areas where test conducted • Skin reaction: positive or negative • Disclaimer form • Client's signature
- 1.4.1 Taking into account the following:
  - The outcome of the skin and hair growth analysis • Client's preference • Area(s) to be treated • Manufacturers' instructions • Relevant tests • Lifestyle • Current regime
- 1.5.1 To include:
  - Couch • Trolley • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe/gown • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Cotton wool • Gloves • Spatulas • Bowls • Mirror • Sterilising solution • UV cabinet • Autoclave • Glass bead steriliser

<p>1.6 Describe salon requirements for preparing themselves, the client and work area</p>	<ul style="list-style-type: none"> <li>• Chemical immersion equipment</li> <li>• Waste disposal (separate bin for contaminated waste)</li> <li>• Wax pot</li> <li>• Disposable spatulas</li> <li>• Waxing strips</li> <li>• Tweezers</li> <li>• Scissors</li> <li>• Surgical gloves and apron</li> <li>• Disposable briefs</li> </ul> <p>Products for the following treatments:</p> <ul style="list-style-type: none"> <li>• Hot waxing</li> <li>• Cool waxing</li> <li>• Eyebrows</li> <li>• Lip</li> <li>• Chin</li> <li>• Underarm</li> <li>• Forearm</li> <li>• Abdomen</li> <li>• Back</li> <li>• Chest</li> <li>• Bikini</li> <li>• Leg</li> </ul> <p>1.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Any particular rights, restrictions and Acts applicable to waxing treatments</li> <li>• Code of practice/ethics</li> <li>• Insurance and professional association membership</li> <li>• Record keeping</li> <li>• Professional appearance</li> </ul>
<p>1.7 State the environmental conditions suitable for waxing treatments</p>	<p>1.7.1 To include:</p> <ul style="list-style-type: none"> <li>• Lighting</li> <li>• Heating</li> <li>• Ventilation</li> <li>• Noise levels</li> <li>• Available space</li> <li>• Music</li> <li>• General hygiene</li> <li>• Waste disposal</li> <li>• Décor</li> <li>• Equipment</li> <li>• Privacy</li> <li>• Reception areas</li> <li>• General use/treatment areas</li> </ul>
<p>1.8 Describe different consultation techniques used to identify treatment objectives</p>	<p>1.8.1 To include:</p> <ul style="list-style-type: none"> <li>• The importance of positive body language</li> <li>• Positioning of themselves and client (no barriers)</li> <li>• Good communication skills (asking open and/or closed questions where appropriate)</li> <li>• Verbal and non-verbal communication</li> </ul>
<p>1.9 Describe the types of tests that are carried out prior to waxing treatment</p>	<p>1.9.1 To include the importance of:</p> <ul style="list-style-type: none"> <li>• Thermal sensitivity test</li> <li>• Product sensitivity patch test</li> <li>• Patch test must be conducted 24–48 hours prior to treatment</li> <li>• Thermal sensitivity test immediately prior to use – wax temperature tested on therapist and client</li> </ul>
<p>1.10 Describe how to select products, tools and equipment to suit client treatment needs</p>	<p>1.10.1 To include</p> <ul style="list-style-type: none"> <li>• The importance of selecting the correct products, tools and equipment based upon client consultation, relevant tests and hair growth analysis</li> <li>• Couch</li> <li>• Trolley</li> <li>• Towels</li> <li>• Blanket</li> <li>• Additional support if appropriate</li> <li>• Headband</li> <li>• Bedroll</li> <li>• Robe/gown</li> <li>• Disposable slippers</li> <li>• Disinfecting fluid</li> <li>• Magnifying lamp</li> <li>• Tissues</li> <li>• Cotton wool</li> <li>• Gloves</li> <li>• Spatulas</li> <li>• Bowls</li> <li>• Mirror</li> <li>• Sterilising solution</li> <li>• UV cabinet</li> <li>• Autoclave</li> <li>• Glass bead steriliser</li> <li>• Chemical immersion equipment</li> <li>• Waste disposal (separate bin for contaminated waste)</li> <li>• Wax pot</li> <li>• Tweezers</li> <li>• Scissors</li> <li>• Surgical gloves and apron</li> <li>• Disposable spatulas</li> <li>• Waxing strips</li> <li>• Disposable briefs</li> <li>• Hot wax</li> <li>• Cool wax</li> <li>• Pre/after wax products</li> <li>• Powder</li> <li>• Waxing treatment techniques to include</li> <li>• Hot wax</li> <li>• Cool wax</li> <li>• Eyebrow wax</li> <li>• Upper lip wax</li> <li>• Chin wax</li> <li>• Underarm wax</li> <li>• Forearm wax</li> <li>• Chest wax</li> <li>• Abdomen wax</li> <li>• Bikini wax</li> <li>• Full leg wax</li> <li>• Half leg wax</li> <li>• Back wax</li> <li>• The methods, hygiene and safety precautions, effects and benefits of all treatment techniques</li> </ul>

<p>1.11 Identify the different types of waxing methods and products available</p>	<p>1.11.1 To include</p> <ul style="list-style-type: none"> <li>▪ Hot wax ▪ Cool wax ▪ Roll on applicator wax ▪ Tube wax ▪ Developments in wax formulations</li> </ul>
<p>1.12 State the advantages and disadvantages of alternative methods of hair removal</p>	<p>1.12.1 To include:</p> <ul style="list-style-type: none"> <li>▪ Tweezing ▪ Shaving ▪ Depilatory creams ▪ Abrasive mitts ▪ Sugaring</li> <li>▪ Threading ▪ Electrical depilation machine ▪ Intense Pulsed Light ▪ Laser</li> <li>▪ Epilation</li> </ul>
<p>1.13 Describe the effects alternative methods of hair removal may have on the skin and waxing treatments</p>	<p>1.13.1 To include the importance of:</p> <ul style="list-style-type: none"> <li>▪ Contra actions ▪ Skin reactions ▪ Sensitisation ▪ Allergies ▪ Erythema</li> <li>▪ Bruising ▪ Burns ▪ Cuts ▪ Blanching ▪ Ingrowing hair ▪ Bloodspotting</li> <li>▪ Hair re-growth ▪ Permanent hair removal ▪ Distortion of the hair follicle ▪ Tiny pustules over the area</li> </ul>
<p>1.14 Describe the contraindications which prevent or restrict waxing treatments</p>	<p>1.14.1 To include:</p> <ul style="list-style-type: none"> <li>▪ <b>Contraindications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP</b></li> <li>▪ Cardiovascular conditions (thrombosis, phlebitis, hypertension, hypotension, heart conditions) ▪ Haemophilia ▪ Any condition already being treated by a GP or another practitioner ▪ Medical oedema ▪ Osteoporosis ▪ Nervous/Psychotic conditions ▪ Recent operations ▪ Diabetes ▪ Trapped/Pinched nerve ▪ Inflamed nerve ▪ Severe varicose veins</li> <li>▪ <b>Contraindications that restrict treatment</b></li> <li>▪ Fever ▪ Infectious or contagious diseases ▪ Under the influence of recreational drugs or alcohol ▪ Any known allergies ▪ Infectious skin diseases and disorders ▪ Undiagnosed lumps and bumps ▪ Localised swelling</li> <li>▪ Inflammation ▪ Cuts ▪ Bruises ▪ Abrasions ▪ Scar tissue (2 years for major operation and 6 months for a small scar) ▪ Sunburn ▪ Self tan ▪ Heat rash</li> <li>▪ Hairy moles ▪ Hormonal implants ▪ Recent fractures (minimum 3 months)</li> <li>▪ Neuralgia ▪ Hypersensitive skin ▪ Loss of skin sensation ▪ Vascular skin</li> <li>▪ Varicose veins ▪ 48 hours after sun tanning ▪ Bell's Palsy ▪ Positive reaction to patch test ▪ Thin and/or fragile skin ▪ Steroid based medication</li> </ul>

<p><b>Learning outcome</b> The Learner will:</p> <p>2. Be able to provide waxing treatments</p>	
<p><b>Assessment Criteria</b></p>	<p><b>Taught Content</b></p>
<p>2.1 Communicate and behave in a professional manner</p> <p>2.2 Follow health and safety working practices and industry Code of Practice for Waxing Services</p> <p>2.3 Position themselves and client correctly throughout the treatment</p> <p>2.4 Use products, tools, equipment and techniques to suit client's treatment needs, skin type and conditions</p>	<p>2.1.1 To include:</p> <ul style="list-style-type: none"> <li>• Explanation of treatment</li> <li>• Benefits, limitations and co-operation required</li> <li>• Client care, modesty and support</li> <li>• Communication</li> <li>• Correct posture, hygiene and a professional approach to the client throughout treatment</li> </ul> <p>2.2.1 To include:</p> <ul style="list-style-type: none"> <li>• Fire Precautions Act</li> <li>• Health &amp; Safety at Work Act</li> <li>• Health and Safety (First Aid) Regulations</li> <li>• The Management of Health &amp; Safety at Work Regulations</li> <li>• The Workplace (Health, Safety &amp; Welfare) Regulations</li> <li>• The Manual Handling Operations Regulations</li> <li>• The Personal Protective Equipment at Work Regulations</li> <li>• The Provision and Use of Work Equipment Regulations</li> <li>• The Control of Substances Hazardous to Health Regulations (COSHH)</li> <li>• The Electricity at Work Regulations</li> <li>• Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)</li> <li>• Disability Discrimination Act</li> <li>• Data Protection Act</li> <li>• Local &amp; National Bye Laws i.e. Local Government Miscellaneous Provisions Act</li> <li>• Adhere to all product safety precautions and manufacturers' instructions</li> <li>• Legislation which relates to the work being carried out, the environment and the client with whom the therapist is working</li> <li>• Industry Code of Practice for Waxing Services</li> </ul> <p>2.3.1 To include:</p> <ul style="list-style-type: none"> <li>▪ Ensuring the client is comfortable and correctly positioned</li> <li>▪ Waxing therapist maintaining correct working posture throughout treatment</li> <li>▪ Waxing therapist self-care</li> </ul> <p>2.4.1 To include:</p> <p><b>Equipment</b></p> <ul style="list-style-type: none"> <li>• Couch</li> <li>• Trolley</li> <li>• Towels</li> <li>• Blanket</li> <li>• Additional support if appropriate</li> <li>• Headband</li> <li>• Bedroll</li> <li>• Robe/gown</li> <li>• Disposable slippers</li> <li>• Disinfecting fluid</li> <li>• Magnifying lamp</li> <li>• Tissues</li> <li>• Cotton wool</li> <li>• Gloves</li> <li>• Spatulas</li> <li>• Bowls</li> <li>• Mirror</li> <li>• Sterilising solution</li> <li>• UV cabinet</li> <li>• Autoclave</li> <li>• Glass bead steriliser</li> <li>• Chemical immersion equipment</li> <li>• Waste disposal (separate bin for contaminated waste)</li> <li>• Wax pot</li> <li>• Tweezers</li> <li>• Scissors</li> <li>• Surgical gloves and apron</li> <li>• Disposable briefs</li> <li>• Disposable spatulas</li> <li>• Waxing strips</li> </ul>

<p>2.5 Complete the treatment to the satisfaction of the client</p> <p>2.6 Record the results of the treatment</p> <p>2.7 Provide suitable aftercare advice</p> <p>2.8 State how to communicate and behave in a professional manner</p> <p>2.9 Describe health and safety working practices and industry Code of Practice for Waxing Services</p> <p>2.10 State the importance of positioning themselves and the client correctly throughout the treatment</p>	<p><b>Products</b></p> <ul style="list-style-type: none"> <li>▪ Hot wax ▪ Cool wax ▪ Pre/after wax products ▪ Powder</li> </ul> <p><b>Techniques</b> used for the following treatments: ▪ Hot waxing ▪ Cool waxing ▪ Eyebrow wax ▪ Upper lip wax ▪ Chin wax ▪ Underarm wax ▪ Forearm wax ▪ Chest wax ▪ Abdomen wax ▪ Bikini wax ▪ Full leg wax ▪ Half leg wax ▪ Back wax</p> <p>2.5.1 To include:</p> <ul style="list-style-type: none"> <li>• Conclusion of treatment in appropriate manner to meet client's needs and manufacturers' instructions</li> <li>• Check treatment results with client</li> </ul> <p>2.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Client response to treatment and feedback</li> <li>• Note benefits of the treatment</li> <li>• Product advice</li> <li>• Home care advice</li> <li>• Store records demonstrating knowledge of confidentiality requirements</li> </ul> <p>2.7.1 To include:</p> <ul style="list-style-type: none"> <li>• Recommendations for immediate aftercare</li> <li>• Suitable home care advice</li> <li>• Lifestyle</li> <li>• Recommendation of further salon treatments</li> </ul> <p>2.8.1 To include:</p> <ul style="list-style-type: none"> <li>▪ Consultation</li> <li>▪ Treatment explanation</li> <li>▪ Client care</li> <li>▪ Hygiene</li> <li>▪ Good communication skills</li> </ul> <p>2.9.1 To include:</p> <p>The importance of:</p> <ul style="list-style-type: none"> <li>• Fire Precautions Act</li> <li>• Health &amp; Safety at Work Act</li> <li>• Health and Safety (First Aid) Regulations</li> <li>• The Management of Health &amp; Safety at Work Regulations</li> <li>• The Workplace (Health, Safety &amp; Welfare) Regulations</li> <li>• The Manual Handling Operations Regulations</li> <li>• The Personal Protective Equipment at Work Regulations</li> <li>• The Provision and Use of Work Equipment Regulations</li> <li>• The Control of Substances Hazardous to Health Regulations (COSHH)</li> <li>• The Electricity at Work Regulations</li> <li>• Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)</li> <li>• Disability Discrimination Act</li> <li>• Data Protection Act</li> <li>• Consumer Protection Act</li> <li>• Local &amp; National Bye Laws i.e. Local Government Miscellaneous Provisions Act</li> <li>• Industry Code of Practice for Waxing Services</li> </ul> <p>2.10.1 To include the importance of:</p> <ul style="list-style-type: none"> <li>▪ Ensuring the client is comfortable and correctly supported</li> <li>▪ Waxing therapist maintaining correct working posture throughout treatment</li> <li>▪ Minimising client discomfort by correct support of the skin</li> <li>▪ Waxing therapist self-care</li> </ul>
--	--

<p>2.11 State the importance of using products, tools, equipment and techniques to suit client's treatment needs</p>	<p>2.11.1 To include:</p> <ul style="list-style-type: none"> <li>• Couch • Trolley • Towels • Blanket • Additional support if appropriate</li> <li>• Headband • Bedroll • Robe/gown • Disposable slippers • Disinfecting fluid</li> <li>• Magnifying lamp • Tissues • Cotton wool • Gloves • Spatulas • Bowls • Mirror</li> <li>• Sterilising solution • UV cabinet • Autoclave • Glass bead steriliser</li> <li>• Chemical immersion equipment • Waste disposal (separate bin for contaminated waste) • Wax pot • Disposable spatulas • Waxing strips</li> <li>• Tweezers • Scissors • Surgical gloves and apron • Disposable briefs</li> </ul> <p>Products and techniques for the following treatments:</p> <ul style="list-style-type: none"> <li>• Hot waxing • Cool waxing • Eyebrow wax • Upper lip wax • Chin wax • Underarm wax • Forearm wax • Chest wax • Abdomen wax • Bikini wax • Full leg wax • Half leg wax • Back wax</li> </ul>
<p>2.12 Describe how treatments can be adapted to suit client treatment needs, skin types and conditions</p>	<p>2.12.1 To include:</p> <ul style="list-style-type: none"> <li>• Restrictions – contraindications and contra-actions • Density and strength of hair growth • Treatment area • Skin sensitivity • Client gender • Client preferences and commitment • Product availability and suitability • Time scales • Costs • Adapting the treatment to suit the needs of the client</li> </ul>
<p>2.13 State the contra-actions that may occur during and following treatments and how to respond</p>	<p>2.13.1 During treatment to include:</p> <ul style="list-style-type: none"> <li>• Adverse skin reaction • Skin irritation • Itching • Erythema • Bruising • Burns</li> <li>• Bloodspotting • Sensitisation • Allergies • Breaking hairs • Distortion of the hair follicle • Ingrowing hairs • Immediate removal of product residue</li> <li>• Application of cool compress • Referral procedures • Homecare advice</li> <li>• Exfoliation and moisturisation – ingrowing hairs</li> </ul>
<p>2.14 State the importance of completing the treatment to the satisfaction of the client</p>	<p>2.14.1 To include:</p> <ul style="list-style-type: none"> <li>• Concluding the treatment in appropriate manner to meet client's needs</li> <li>• Check treatment results with client</li> </ul>
<p>2.15 State the importance of completing treatment records</p>	<p>2.15.1 To include:</p> <ul style="list-style-type: none"> <li>• Maintaining records • Aftercare • Home care • Product advice • Compliance with Data Protection</li> </ul>
<p>2.16 State the aftercare advice that should be provided</p>	<p>2.16.1 To include:</p> <ul style="list-style-type: none"> <li>• Recommendations for immediate aftercare • For the next 24-48 hours advise the following - avoid touching the skin excessively • Avoid exposure to UV – sun beds/sunbathing • Wash or shower in lukewarm water • Use unperfumed products • Use after wax products to soothe the skin • Do not use make-up or self tanning preparations • Do not wear tight fitting clothing • Do not carry out vigorous exercise • Do not go swimming • Do not have heat treatments • Do not apply deodorant • Do not use exfoliants for the next 2-3</li> </ul>

<p>2.17 Describe the structure and functions of the skin</p>	<p>days • Recommended products for home care • Lifestyle • Recommendations for the prevention of ingrowing hairs • Recommendation of further salon treatments</p> <p>2.17.1 To include:  <b>Skin structure</b>  <b>Epidermis</b> • Stratum Corneum • Stratum Lucidum • Stratum Granulosum • Stratum Spinosum/Malpighian • Stratum Germinativum/Basal Layer  <b>Dermis</b> • Blood supply • Lymphatic supply • Hair follicle • Hair • Sebaceous gland • Sweat gland: Eccrine and Apocrine • Sensory nerve endings • Dermal papilla • Collagen • Elastin • Histiocytes • Mast cells • Fibroblasts • Erector pili muscle • Melanocytes (location and function)  <b>Subcutaneous/Adipose Layer</b> • The structure and function of the fatty layer underneath the Dermis  <b>Skin functions:</b>  • Secretion • Heat regulation • Absorption • Protection/Acid Mantle (composition and formation) • Elimination/excretion • Sensation • Vitamin D formation (7-dehydro-cholesterol)</p>
<p>2.18 Describe the structure and growth cycle of the hair</p>	<p>2.18.1 To include  <b>Hair structure</b>  • Keratin • Cuticle • Cortex • Melanin • Medulla • Inner Root Sheath • Huxley's • Henle's • Outer Root Sheath • Vitreous Membrane • Connective Tissue • Dermal Papilla • Lanugo • Vellus • Terminal  <b>Growth cycle</b>  • Anagen • Catagen • Telogen • Factors affecting hair growth: • Health • Age • Diet • Medication • Climate • Damage • Lifestyle</p>
<p>2.19 Describe diseases and disorders of the hair and skin</p>	<p>2.19.1 To include:  <b>General:</b> • Broken capillaries • Crow's feet • UV damage • Urticaria • Allergic reaction • Comedones • Milia • Hyperkeratosis • Keloids • Ingrowing hairs • Pseudo folliculitis  <b>Infestations:</b> • Scabies • Pediculosis  <b>Congenital:</b> • Atopic eczema • Atopic dermatitis • Psoriasis  <b>Bacterial:</b> • Acne vulgaris • Acne rosacea • Impetigo • Folliculitis • Boils  <b>Viral:</b> • Herpes simplex • Herpes zoster • Warts  <b>Fungal:</b> • Tinea corporis  <b>Pigmentation disorders:</b> • Hyper pigmentation • Hypo pigmentation • Dermatitis papulosa nigra • Vitiligo • Albinism • Chloasma • Ephelides • Lentigo • Naevae • Port wine stain • Leucoderma • Papilloma  <b>Skin cancers:</b> • Basal Cell Carcinoma • Squamous Cell Carcinoma • Malignant Melanoma</p>

**Assessment**

**Unit 806 – Remove Hair Using Waxing Techniques**

**Practical Assessment**

All candidates will be assessed via a practical examination of their technical skills and treatment techniques

**Treatment evidence**

Evidence of 5 waxing treatments to include:

Consultation including medical history

Treatment details including specific details of products used, areas treated and client's reactions. 1 treatment per client on the following range of areas - full leg, underarm, forearm, bikini, lip, chin

Client feedback

Aftercare and home care advice including retail recommendations and advice for further treatments

Learner and Client signatures

Treatment date

**Unit 806 – Remove Hair Using Waxing Techniques**

Practical assessment forms and marking criteria may be downloaded from [www.itecworld.co.uk](http://www.itecworld.co.uk)

**Unit 806 – Remove Hair Using Waxing Techniques** must be evidenced through the use of signed and dated treatment evidence forms. See [www.itecworld.co.uk](http://www.itecworld.co.uk) for sample form