

ITEC Level 2

Unit 820 - Provide and Maintain Nail Enhancement

Recommended Minimum Guided Learning Hours – 46

Unit Accreditation Number: M/601/3937

Learning outcome

The Learner will:

1. Be able to prepare for nail enhancement services

Assessment Criteria

Taught Content

- 1.1 Prepare themselves, client and work area for nail enhancement services

1.1.1 To include:
• Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g. sterilising /sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty

- 1.2 Use suitable consultation techniques to identify treatment objectives

1.2.1 To include:
An example of a consultation form can be downloaded from www.itecworld.co.uk
• Consulting in a suitable area • Positive body language • Positioning of the client • Good communication skills (asking open and/or closed questions where appropriate) • Professionalism • Contraindications and contra-actions • Treatment plan • Products used • Consent • Confidentiality • Client's signature

- 1.3 Carry out a nail and skin analysis

1.3.1 To include:
• Skin type and condition • Nail type and condition • Natural nail shape e.g. oval, square, spoon, fan • Factors affecting nail growth: • Health • Age • Diet • Medication • Climate • Damage • Lifestyle

- 1.4 Provide clear recommendations to the client

1.4.1 Taking into account the following:
• The outcome of the skin and nail analysis • Client requirements • Occupation • Lifestyle • Current regime • Identification of the appropriate nail enhancement system • Recommendations for ongoing maintenance treatments and the level of commitment required

<p>1.5 Select products, tools and equipment to suit client treatment needs, skin types and nail conditions</p>	<p>1.5.1 To include:</p> <ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Magnifying lamp • Towels • Additional support if appropriate • Bedroll • Disinfecting fluid • Tissues • Lint Free Pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Files • Buffers • Brushes appropriate to the system • Orange wood stick • Cuticle tools • Clippers • Scissors • Appropriate light source i.e. UV or LED • Nail tips • Covered dappen dish • Natural nail cleanser • Nail preparation products • Adhesives • Oils • Acetone free nail polish remover • Acetone • Base coat • Top coat • Enamel <p>Products for one of the following nail enhancement systems: • Liquid and powder • Gel • Wraps</p>
<p>1.6 Describe salon requirements for preparing themselves, the client and the work area</p>	<p>1.6.1 To include:</p> <ul style="list-style-type: none"> • Any particular rights, restrictions and Acts applicable to nail enhancement services • Record keeping • Code of practice/ethics • Insurance and professional association membership • Professional appearance
<p>1.7 Describe the environmental conditions suitable for nail enhancement services</p>	<p>1.7.1 To include:</p> <ul style="list-style-type: none"> • Lighting • Heating • Ventilation • Protective equipment • Noise Levels • Available space • Music • General hygiene • Waste disposal • Décor • Equipment • Privacy • Reception areas • General use/treatment areas
<p>1.8 Describe different consultation techniques used to identify treatment objectives</p>	<p>1.8.1 To include:</p> <ul style="list-style-type: none"> • Positive body language • Positioning of the client (no barriers between themselves and client) • Good communication skills (asking open and/or closed questions where appropriate) • Verbal and non-verbal communication
<p>1.9 Explain the importance of carrying out a detailed nail and skin analysis</p>	<p>1.9.1 To include:</p> <ul style="list-style-type: none"> • Skin type and condition • Nail type, shape and condition • Contraindications • Scope of treatment(s) • Identification of nail enhancement system suitability • Home care advice • Aftercare advice
<p>1.10 Describe how to select products, tools and equipment to suit client treatment needs, skin and nail conditions</p>	<p>1.10.1 To include:</p> <ul style="list-style-type: none"> • The importance of selecting the correct products, tools and equipment based upon client consultation, client requirements and skin and nail analysis • Couch or chair • Trolley or manicure table • Stool • Magnifying lamp • Towels • Additional support if appropriate • Bedroll • Disinfecting fluid • Tissues • Lint Free Pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal

	alcohol • Diarrhoea and vomiting • Any known allergies • Undiagnosed lumps and bumps • Inflammation • Cuts • Bruises • Abrasions • Scar tissue (2 years for major operations and 6 months for a small scar) • Recent fractures (minimum 3 months) • Sunburn • Repetitive strain injury • Carpal Tunnel Syndrome • Loss of skin sensation • Severely bitten/damaged nails • Nail separation • Eczema • Psoriasis • Dermatitis • Broken bones
Learning outcome The Learner will:	
2. Be able to provide nail enhancement services	
Assessment criteria	Taught content
2.1 Communicate and behave in a professional manner	2.1.1 To include: • Explanation of treatment • Benefits, limitations and co-operation required • Client care, modesty and support • Communication • Correct posture, hygiene and a professional approach to the client throughout treatment
2.2 Follow health and safety working practices and Industry Code of Practice for nail services	2.2.1 To include: • Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act • Adhere to all product safety precautions and manufacturers' instructions • Legislation which relates to the work being carried out, the environment and the client with whom the nail technician is working • Industry Code of Practice for nail services
2.3 Position themselves and client correctly throughout the service	2.3.1 To include: • Ensuring the client is comfortable and correctly supported • Nail technician maintaining correct working posture throughout treatment • Nail technician self-care

<p>2.4 Use products, tools, equipment and techniques to suit client's service needs, nail and skin conditions</p>	<p>2.4.1 To include:</p> <p>Equipment</p> <ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Magnifying lamp • Towels • Additional support if appropriate • Bedroll • Tissues • Lint Free Pads • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Files • Buffers • Brushes appropriate to system • Orange wood stick • Cuticle tools • Clippers • Scissors • Appropriate light source i.e. UV or LED • Covered dappen dish <p>Products</p> <ul style="list-style-type: none"> • Disinfecting fluid • Sterilising solution • Nail tips • Adhesives • Oils • Natural nail cleanser • Nail enamel remover • Acetone • Nail preparation products • Base coat • Topcoat • Enamel <p>Products for Liquid and Powder System:</p> <ul style="list-style-type: none"> • Liquid monomer • Powder polymer <p>Products specific for Gel System: • Gel Oligomers • Gel Cleanser • Gel Sealer/Top Coat</p> <p>Products specific for Wrap System: • Wrap fabrics • Resin (brush or nozzle) • Activator (brush or spray)</p> <p>Nail enhancement techniques to include: • Nail preparation • Tip Selection • Tip Tailoring and Application • Blending • Overlay Selection and Application • Curing Procedure (Activator or appropriate light source) where applicable • Filing and finishing of chosen nail enhancement system as appropriate</p>
<p>2.5 Complete the service to the satisfaction of the client</p>	<p>2.5.1 To include</p> <ul style="list-style-type: none"> • Conclusion of service in appropriate manner to meet client's needs, manufacturers' instructions and nail enhancement system specification • Check service results with client
<p>2.6 Record the results of the service</p>	<p>2.6.1 To include:</p> <ul style="list-style-type: none"> • Client response to service and feedback • Note benefits of the nail enhancement service • Product advice • Home care advice • Store records demonstrating knowledge of confidentiality requirements
<p>2.7 Provide suitable aftercare advice</p>	<p>2.7.1 To include:</p> <ul style="list-style-type: none"> • Recommendations for immediate aftercare and treatment maintenance • Product recommendations • Lifestyle • Recommendation of further salon treatments including removal
<p>2.8 State how to communicate and behave in a professional manner</p>	<p>2.8.1 To include:</p> <ul style="list-style-type: none"> • Consultation • Treatment explanation • Client care • Hygiene • Good communication skills

<p>2.9 Describe health and safety working practices and Industry Code of Practice for Nail Services</p>	<p>2.9.1 To include:</p> <ul style="list-style-type: none"> • Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act • Industry Code of Practice for nail services
<p>2.10 Explain the importance of positioning themselves and the client correctly throughout the service</p>	<p>2.10.1 To include:</p> <ul style="list-style-type: none"> • Ensuring the client is comfortable and correctly supported • Nail technician maintaining correct posture throughout treatment
<p>2.11 Explain the importance of using products, tools, equipment and techniques to suit clients service needs, nail and skin conditions</p>	<p>2.11.1 To include:</p> <ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Magnifying lamp • Towels • Additional support if appropriate • Bedroll • Disinfecting fluid • Tissues • Lint Free Pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Files • Buffers • Brushes appropriate to the system • Orange wood stick • Cuticle tools • Clippers • Scissors • Appropriate light source i.e. UV or LED • Nail tips • Covered dappen dish • Natural nail cleanser • Nail preparation products • Adhesives • Oils • Acetone free nail polish remover • Acetone • Base coat • Top coat • Enamel <p>Nail enhancement products and techniques to include one of the following:</p> <ul style="list-style-type: none"> • Liquid and powder • Gel • Wraps
<p>2.12 Describe how nail services can be adapted to suit client service needs, nail and skin conditions</p>	<p>2.12.1 To include:</p> <ul style="list-style-type: none"> • Restrictions – contraindications and contra-actions • Nail shapes, types and conditions • Skin condition • Client preferences and commitment • Product availability and suitability • Time scales • Costs • Adapting the treatment to suit the needs of the client
<p>2.13 Describe how to maintain and remove nail enhancements</p>	<p>2.13.1 To include:</p> <ul style="list-style-type: none"> • Rate and process of nail growth • After care and home care advice specific to system • Infilling • Rebalancing • Replacement of overlay • Repair of overlay • Identification of correct removal method • Removal procedure timings • Removal procedures specific to nail enhancement system

<p>2.14 State the contra-actions that may occur during and following service and how to respond</p>	<p>2.14.1 To include:</p> <ul style="list-style-type: none"> • Excessive erythema • Skin irritation • Exothermic reaction • Allergic reaction • Itching • Inflammation • Lifting • Premature Loss of Enhancement • Ridging • Shedding • Separation • Infection • Hang nail • Overexposure • Client abuse; Biting/picking • Damaged cuticle • Holes in nail plate • Bacterial infection of the nail • Dehydration • Mould • Discolouration • Sepsis • Loss of Natural Nail • Immediate removal of product • Cold purified water • Referral procedures
<p>2.15 State the importance of completing the service to the satisfaction of the client</p>	<p>2.15.1 To include:</p> <ul style="list-style-type: none"> • Concluding the service in appropriate manner to meet client's needs, manufacturers' instructions and nail enhancement specification • Check service results with client
<p>2.16 State the aftercare advice that should be provided</p>	<p>2.16.1 To include:</p> <ul style="list-style-type: none"> ▪ Maintaining records ▪ Compliance with Data Protection • Recommendations for immediate aftercare • Recommendations for treatment maintenance and home care • Recommendations for use of specialised products if applicable • Lifestyle • Recommendations for further salon treatments • Recommendations regarding maintenance and removal
<p>2.17 Describe the chemical process involved in the nail enhancement system</p>	<p>2.17.1 To include as applicable:</p> <ul style="list-style-type: none"> • Polymerisation • Exothermic effect • Light curing • Light sources • Appropriate timings • Lamp wattage, positioning and safety • Activators and Accelerators • Initiators • Monomers • Polymers • Oligomers • Primers • Solvents
<p>2.18 Describe the structure and functions of the nail and skin</p>	<p>2.18.1 To include:</p> <p>The Nail</p> <ul style="list-style-type: none"> • Free edge • Hyponychium • Eponychium • Peronychium • Lunula • Mantle • Cuticle • Nail plate • Nail bed • Nail fold • Matrix • Nail wall • Nail growth • Protection <p>The Skin</p> <p>Epidermis</p> <ul style="list-style-type: none"> • Stratum Corneum • Stratum Lucidum • Stratum Granulosum • Stratum Spinosum/Malpighian • Stratum Germinativum/Basal Layer <p>Dermis • Blood supply • Lymphatic supply • Hair follicle • Hair • Sebaceous gland • Sweat gland: Eccrine and Apocrine • Sensory nerve endings • Dermal papilla • Collagen • Elastin • Histiocytes • Mast cells • Fibroblasts • Erector pili muscle • Melanocytes</p> <p>Subcutaneous/Adipose Layer • The fatty layer underneath the Dermis</p> <p>Functions: • Secretion • Heat regulation • Absorption • Protection/Acid</p>

<p>2.19 Describe the different nail shapes</p>	<p>Mantle (composition and formation) • Elimination/excretion • Sensation • Vitamin D formation (7-dehydro-cholesterol)</p> <p>2.19.1 To include: • Fan • Hook • Oval • Pointed • Round • Ski Jump/Spoon • Square</p>
<p>Assessment Unit 820 – Provide and Maintain Nail Enhancement</p> <p>Practical Assessment All candidates will be assessed via a practical examination of their technical skills and treatment techniques</p> <p>Treatment evidence Evidence of 6 treatments to include: Consultation including medical history Nail and skin analysis Nail enhancement service details including products used and client's reactions Client feedback Aftercare and home care advice including advice for maintenance and further treatments Learner and Client signatures Treatment date</p> <p>The 6 nail enhancement treatments to include: 1 full set of natural nail overlays 2 full sets of tips and overlays 2 maintenance and repair treatments on full sets of nail enhancements 1 removal treatment - tips and overlays</p>	<p>Unit 820 – Provide and Maintain Nail Enhancement Practical assessment forms and marking criteria may be downloaded from www.itecworld.co.uk</p> <p>Unit 820 – Provide and Maintain Nail Enhancement must be evidenced through the use of signed and dated treatment evidence forms. See www.itecworld.co.uk for sample form</p>