

## **Rationale for ITEC Level 3 Diploma in Stone Therapy Massage**

### **Aims and objectives**

In order to take the ITEC Level 3 Diploma in Stone Therapy Massage candidates must hold the pre-requisite of the ITEC Level 3 Diploma in Holistic Massage or ITEC Level 3 Diploma in Body Treatments or equivalent.

The ITEC Level 3 Diploma in Stone Therapy Massage comprises of one unit:

- Unit 47 Stone Therapy Massage

All aspects of the unit are mandatory and it has 3 elements– theory, practical and case studies.

The main aim of the ITEC Level 3 Diploma in Stone Therapy Massage is to enable candidates to provide treatments for the purposes of relaxation and stress release.

It also aims:

- to provide skills at Level 3 in the National Qualification Framework for those interested in the Beauty Therapy Industry
- to provide opportunities for staff in the Beauty Therapy industry to gain a Level 3 qualification
- to qualify candidates as Stone Massage Therapists at Level 3 in the Beauty Therapy industry
- to sustain the interest of candidates wanting to work in the Beauty Therapy industry
- to encourage knowledge and understanding for the Beauty Therapy industry at Level 3
- to provide opportunities for candidates to focus on the development of the major Key skills and the wider Key skills in a Beauty Therapy context such as communicating with clients, working with others and problem solving
- to provide opportunities for candidates to develop a range of skills and techniques, personal qualities and attitudes essential for successful performance in employment as a Stone Massage Therapist

The candidate will study the theory of Stone Therapy Massage treatments. The underpinning knowledge and skills required to successfully perform a Stone Massage treatment are also required.

Case studies are also required to be completed for this award. The case studies form the internal assessment and should be assessed throughout the training by the tutor/internal assessor using the ITEC Case Study Guidance sheet. The case studies are then verified by an ITEC Examiner at the end of the course during the visit for invigilating the practical examination. The case studies ensure that a variety of clients must be consulted and treated in all the above areas and the outcomes of the treatments must be documented in order to gain experience of working with a variety of clients and conditions whilst candidates are still under supervision. Detailed rationales for the type of Stone Therapy Massage treatment and outcomes must be shown, as well as aftercare.

All sections of the syllabus are mandatory and should be taught concurrently and examined concurrently.

- Unit 47 Stone Therapy Massage examination paper of 30 minutes duration with a total of 25 multiple choice questions
- A practical examination conducted by an ITEC Practical Examiner for unit 47
- Internal Assessment of ALL case studies by the College Lecturer and External Verification by the ITEC Practical Examiner.

As indicated above all aspects of the award are examined externally by ITEC Practical Examiners.

### **Recommended Prior Learning**

It is recommended that candidates should have achieved a level of education equivalent to five GCSEs at grades A\*-C prior to commencing the ITEC Level 3 Diploma in Holistic Massage, however exemptions may be made for adult returners with experience of the work place. Candidates must hold the ITEC Level 3 Diploma in Holistic Massage or the ITEC Level 3 Diploma in Body Treatments.

### **Opportunities for progression**

Once candidates have achieved the ITEC Level 3 Diploma in Stone Therapy Massage they may progress onto other ITEC or equivalent awards at level 3, for example:

- Spa Treatments
- Aromatherapy Massage
- Reflexology
- On Site Massage
- Indian Head Massage
- Lymphatic Drainage Massage
- Sports Massage

This award qualifies graduates to operate their own clinic or home visiting practice. Graduates can also gain employment in Salons, Health Club, Health Farms, Spas and Liners.

Professional indemnity and public liability insurance can be obtained via ITEC Professionals and other Industry Associations who recognise the ITEC Diploma.

### **Relationship to National Occupational Standards**

As there are currently no National Occupational Standards for Unit 47 Stone Therapy Massage, by which to map the massage unit, ITEC has ensured that best practice in the workplace has been reflected in the syllabus. ITEC has linked the qualification to the relative job role as well as ensuring that the syllabus reflects the required level of knowledge and ability for the Therapist.